

	Autumn 1 Living in the wider world	Autumn 2 Health & wellbeing	Spring 1 Relationships	Spring 2 Living in the wider world	Summer 1 Health & wellbeing	Summer 2 Relationships
Year 7	Preparing for the world of work Careers, teamwork and enterprise skills, and raising aspirations	Health and puberty Healthy routines, influences on health, puberty, unwanted contact, and FGM	Building relationships Self-worth, romance and friendships (including online) and relationship boundaries	Financial decision making Saving, borrowing, budgeting and making financial choices	Health & Safety Personal safety in and outside school, including first aid	Diversity Diversity, prejudice, and bullying
Year 8	Employability skills Exploring skills, identifying students own strengths and areas for development, and practical ways to improve these whilst at school	Emotional wellbeing Mental health and emotional wellbeing, including body image and coping strategies	Identity and relationships Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception	Digital literacy Online safety, digital literacy, media reliability, and gambling hooks	Drugs and alcohol Alcohol and drug misuse and pressures relating to drug use	Discrimination Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia
Year 9	Making the right choices for the future Learning strengths, career options and goal setting as part of the GCSE options process	Healthy lifestyle Diet, exercise, lifestyle balance and healthy choices, and first aid	Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes	Exploring influence The influence and impact of drugs, gangs, role models and the media	Peer influence, substance use and gangs Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography
Year 10	What do I want to do? Exploring the local labour market, identifying possible careers and preparing for work experience	RS	RS Addressing extremism and radicalisation Communities, belonging and challenging extremism	Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising on financial choices	Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change	Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography

Year 11	<p>Next steps</p> <p>Application processes, and skills for further education, employment and career progression</p>	<p>Independence</p> <p>Responsible health choices, and safety in independent contexts</p>	<p>Communication in relationships</p> <p>Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse</p>	<p>Families</p> <p>Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships</p>		
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