



PE CURRICULUM MAP

Physical Education maintains our students' physical and mental health. Through knowing and doing more our pupils develop a knowledge of motor competence, rules strategies & tactics and healthy participation as well as developing life skills such as respect, resilience, confidence and leadership. We strive to ensure our pupils are involved in physical activity through play, participation and performance.

Further Study

Sports Science / Sports Coaching / Sports Medicine /
Physiotherapy / Sports Analysis / Leisure Management

Career Paths

Fitness Instructor / Armed Forces / Police Force /
Paramedic / PE Teacher / Sports Development worker

Skills

Respect / Active lifestyle / Sustained resilience /
Communication / Confidence / Applying Skills /
Rehearsal of skills / Leadership / Organisation

